

EDUCATIONAL PRESENTATIONS

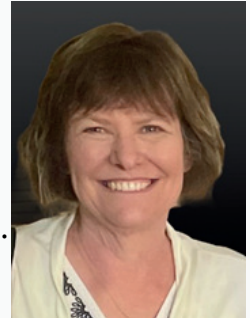
Saturday May 17th 9AM to 3:45PM

Title & Presenter: “Liven up Your Toastmasters Meetings” - Angie Collier

Time and Location: 10:20AM and 1PM in San Jose

Course Description: Learn how to make your Toastmasters Meetings fun, engaging, and worthwhile through Jokes, Table Topics, and Themes.

Presenter Bio: Angie Collier is a teacher in many forms. She teaches reading, substitute teaches, facilitates mental health classes, and teaches Bible classes. She has been a Toastmaster since 2020 and is a member of Sunday Speakers and North San Antonio Toastmasters.



Title & Presenter: “Flip the Piñata: Smashing Self-Doubt for Stage Confidence” - Scott Hopkins

Time and Location: 1PM in Espada

Course Description: Just like breaking open a piñata reveals hidden treasures, breaking through self-doubt unlocks your full potential as a speaker. In this high-energy workshop, participants will identify their self-defeating beliefs and transform them into powerful affirmations that enhance their presence and delivery. Get ready to smash those mental barriers and celebrate your inner confidence!



Presenter Bio: Broadway Bank's Leadership and Talent Development Officer, Scott Hopkins, passionately empowers others to maximize their potential through engaging training programs spanning organizational change, resilience, and peak performance. A former Air Force Officer who spearheaded the development of a culture and leadership survey for over 800,000 military personnel and contributed to the U.S. Vice President's National Performance Review, Scott understands the profound impact of employee engagement. As an early adopter of AI and a keen follower of neuroscience, he integrates cutting-edge insights into talent strategies and employee experiences. With expertise in hiring assessments, performance management, training, coaching, and leadership development, Scott has applied his skills across diverse sectors, including healthcare and banking, and has extensively researched the effects of self-sabotage. He holds a B.S. in Computer Science, an M.A. in Management, has completed 60 hours towards a Ph.D. in Leadership Studies, along with certifications from Coach University, Fierce Conversations, and DISC. Outside of work, Scott is married to Valarie and has two adult daughters.

EDUCATIONAL PRESENTATIONS

Saturday May 17th 9AM to 3:45PM

Title & Presenter: “Leadership: To Be or Not To Be” - Rikkita Hughes, DTM

Time and Location: 10:20AM in Espada and 2:20PM in San Jose

Course Description: If you have ever asked, “can I be a leader” or “should I be a leader”, this class is for you! If you ever wondered, what type of leader do want to be, then this class is for you! If you have ever envisioned being a leader and unsure what it takes, this class is for you! If you are a leader and want to enhance your leadership skills, this class is for you!



Presenter Bio:

POSITION TITLE: Director, Joint Base San Antonio 502 Air Base Wing Equal Opportunity

PERSONAL/PROFESSIONAL:

- Born in Wichita Kansas, grew up in Lawton, Oklahoma (Fort Sill)
- Married to Retired SGM Forrest Keith Hughes (30 yr. Army Veteran) married for 47 yrs.
- Mother of 3 daughters, 2 grandchildren
- Federal Service for 41 years
- Worked for Department of the Army, Department of Veterans and currently Department of the Air Force
- Currently the JBSA 502 ABW EO Director (2021 – Present)
- Served as EO Manager/ADR Coordinator, South Texas Health Care Systems, Department of Veteran Affairs, San Antonio, Texas (2016 – 2021)
- Served as Deputy Chief, Office of Information Technology, South Texas Department of Veterans Affairs, San Antonio, Texas (2010-2016)
- Served as VISN 17 Mental Health Data Analysis (2007 – 2010)
- Certified Mediator – Dept of Veterans and Level III Dept of the Air Force

EDUCATION (OPTIONAL)

- Defense Equal Opportunity Management Institute Graduate (2021)
- Degree in Liberal Arts – Kaplan University (2006)
- Degree in Paralegal Studies – Kaplan University (2006)
- Graduate of the Leadership Development Institute (LDI) VISN 17 and VISN 18 graduate (1998 and 2010)
- Graduate of the Leadership, Effectiveness, Accountability and Development (LEAD) program (2015)

MAJOR AWARDS AND DECORATIONS (OPTIONAL):

- 502d Air Base Wing Civilian Supervisor CAT III, Q3 Winner (2022 & 2024)
- Alamo Federal Executive Shared Neutral Chair, 2011 – 2017
- Distinguished Toastmasters (DTM) – (2015)
- Alamo Federal Executive Board – Mediator of the Year Award (2013)

**Congratulations Allen McAllen,
Toastmasters (Club #9724) on 25 memorable years!**

EDUCATIONAL PRESENTATIONS

Saturday May 17th 9AM to 3:45PM

Title & Presenter: “Podcasting 101” - Anna Jaworski, DTM

Time and Location: 10:20AM in Concepcion

Course Description: Have you ever thought YOU should be on a podcast? Or maybe you’ve thought about starting your OWN podcast? Discover how to become a podcast guest and leverage your appearances to secure future interviews. Learn Anna’s proven formula for finding and landing podcast opportunities quickly and effectively! For those of you who aspire to have your own podcast, Anna will share how she started her podcast, places where you can receive more training on starting a podcast, and she’ll also share some resources with attendees to help them get started on their podcasting journey.



Presenter Bio: Anna Jaworski, DTM, has been a member of Toastmasters since 2001. She was the 2012-2013 Division Governor of the Year. Anna is a Founding Member of Texas Stars Toastmasters. Anna is an author and Executive Director of Hearts Unite the Globe (HUG), a nonprofit organization for the congenital heart defect (CHD) community. Anna's youngest was born with a CHD and is the reason Anna became so active in the CHD community. Her HUG Podcast Network currently has four active podcasts. (<https://www.heartsunitetheglobe.com>).

Title & Presenter: “Your Pathway Journey Awaits!” - Chris Knox

Time and Location: 9AM in San Jose and 2:20PM in Concepcion

Course Description: Do you find the Pathways program challenging? How does someone enroll in Pathways? How can I know that I’m effectively progressing? In this session, Chris will highlight key aspects of the program and share his personal journey to encourage better utilization and engagement of the Pathways resources.



Presenter Bio: Chris Knox has been a Toastmaster since 2017, starting his journey as a member of the North San Antonio club (5166) where he soon stepped into the role of VP-Public Relations. He also helped re-launch the CPS Energy Toastmasters corporate club, where he held the positions of VP-Education and Club President. He is also serving as their club mentor following his retirement in October 2024. As he continues his quest to become a paid professional speaker, he is an accomplished guitarist, vocalist and arranger, who has toured worldwide and performs regularly at his church and around the San Antonio area. He and his wife, Joann, have two adult (married) children (son, Chris II and daughter, Candice), and three teenage grandchildren (Terrence, Cadence, & Christine).

EDUCATIONAL PRESENTATIONS

Saturday May 17th 9AM to 3:45PM

Title & Presenter: “Unlocking Your Full Potential” - Tim McDearmon, DTM

Time and Location: 1PM in Concepcion

Course Description: Are you ready to unlock your full potential and achieve your goals? If so, don't miss this presentation on the power of the growth mindset. You'll learn how adopting a growth mindset can help you overcome challenges, develop new skills, and reach new heights of success. Discover the power of embracing a "can-do" attitude to transform your approach to learning and personal development. We will explore the Fixed vs. Growth Mindsets, providing practical steps on how to adopt the Growth Mindset and use it to accelerate both your personal and professional growth. Whether you're looking to enhance your leadership skills, improve team dynamics, or achieve new milestones, this session will provide actionable insights to help you succeed. Take this opportunity to transform your thinking and take your success to the next level!



Presenter Bio: Tim McDearmon is a leader who lives and breathes the Growth Mindset. As a Distinguished Toastmaster (DTM), he has leveraged the principles of growth to advance in leadership roles at the Division and District levels within Toastmasters. Additionally, as a Senior IT Project Manager, he has applied these principles to drive successful project execution and team development. Tim's passion for continuous learning and leadership development makes him a sought-after speaker at conferences and training events. His presentations provide audiences with the tools and motivation to unlock their full potential and embrace lifelong growth.

Title & Presenter: “From X to 10X: The AI Empowered Professional” - Satish Shenoy, DTM

Time and Location: 9AM and 2:20 in Espada

Course Description: This mini-workshop, teaches how to transform yourself as an AI-powered business professional by leveraging tools, techniques and tips to dramatically increase your productivity, drive faster and better decisioning and enhanced creativity to go from incremental to exponential growth.



Presenter Bio: Satish Shenoy has spent the last 25+ years building, leading and growing enterprise teams. He has scaled early-stage startups to Fortune 500 companies across multiple cities, countries and continents. He currently leads the Global AI Practice and Technology Alliances at SS&C Blue Prism. Satish is a Distinguished Toastmaster, a bestselling author, an award-winning keynote speaker, a seven-continent marathon runner and an advisor and mentor to many. He was based in the Bay Area prior to moving to Austin, TX in 2021

EDUCATIONAL PRESENTATIONS

Saturday May 17th 9AM to 3:45PM

Title & Presenter: “Open Doors of Opportunity: Building Youth Legacy Through Toastmasters” - Diana Wiggins

Time and Location: 9AM in Concepcion

Course Description: In this engaging seminar, Diana will walk you through the nuts and bolts of launching and sustaining a successful Youth Leadership Program or Gavel Club. If you care about inspiring the next generation—whether you're a parent, grandparent, educator, or leader—this workshop will show you how to open doors of opportunity and create a lasting legacy of leadership. Learn practical strategies, proven tools, and real stories of transformation. Let's build the future of Toastmasters together.



Presenter Bio: Diana Wiggins is a visionary leader and founder of the thriving Cedar Park 4-H Gavel Club—she shares how one idea grew from 8 students to over 232 empowered youth speakers.

Congratulations to

Blake Rubie, DTM

On achieving his Distinguished Toastmasters Award!

From your Family at Lead to Succeed - A Toastmasters Club for Women



We meet every Tues night at 6:30 pm at Sea Island Shrimp House at 11715 Bandera Rd, San Antonio, TX or via Zoom!
Contact our VP of Membership, Michelle Lockwood, for more information at (210) 701-6396 / mlockwood@sbcglobal.net